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SPRING 2020

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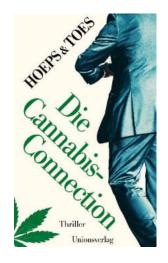


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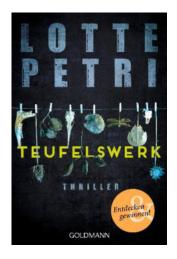
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SPIEGEL bestselling title Rights sold: The Netherlands (Karakter Uitgevers B.V.)



Nominated for *Friedrich-Glauser-Prize* 2020 (Best Crime Novel)



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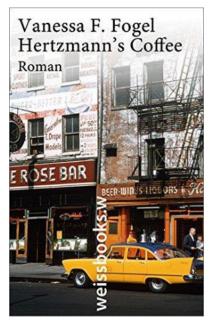


Literature

Vanessa F. Fogel

Hertzmann's Coffee

A wonderful novel about the cohesion of one Jewish family, about conflict and reconciliation, and about grappling with the Holocaust's long shadow.



Complete English pdf available 311 pages, weissbooks.w Verlag, 18 € Publication Date: 2019

Yankele Hertzmann has grown old. Now in his mid-80s, he looks back over his life. After World War II, the family patriarch built up a coffee empire, and now all he wants to do is retreat from public life. He passes on the leadership position to Eliot, the black sheep of the family. His children are flabbergasted and feel disinherited, as conflict breaks out in the family. Yankele would like to explain his decision to them, but in order to do that, he would need to reach back into his past, which he isn't in a position to do. Many years ago, he promised his wife Dora that he would never tell their children about their parents' pasts.

But then Yankele learns about an internet platform called YouTube on which everyone - including himself - can upload videos. Night after night, he sits down in front of a camera and uses this loophole as a means to keep his promise and still share his personal history. He spends hours telling his story - about how his family was ripped apart inside a concentration camp, and how, years later, he relocated his sister Leah, who could no longer remember him. Yankele also talks about Dora, his great love, with whom he was able to survive the horrors of the Holocaust. After the war, they built the coffee empire that made their family rich, but which couldn't heal their wounds.

Vanessa F. Fogel was born in 1981 in Frankfurt into an architect family. She grew up in Germany, Israel and the US, and feels equally at home in all three cultures. In 2011, she published her highly acclaimed novel *Sag es mir*.

Literature

Christoph Höhtker

Slaughterhouse and Order



416 pages, weissbooks.w Verlag, 19.99 € Publication Date: February 2020

A revolutionary new substance takes the European market by storm: Marazepam brand name: Marom. It is officially labeled as an anxiety inhibitor, but in reality, it is a highly intelligent psychotropic drug. The solution for everything, against everything. The ultimate, all-powerful, bliss-promising medication. Everyone falls under the spell of the happiness drug, from the supporter of a feminist terrorist group who is masquerading as a prostitute to the success-driven managers of multinational corporations. In the midst of all this sits Joachim A. Gerke, a social welfare recipient with literary ambitions - and a problem. All of a sudden, his doctor stops supplying him with his daily dose of Marom, a drug that is guiding an entire society by this point, a society that sounds unsettlingly a lot like our own. A society on the verge of a nervous breakdown.

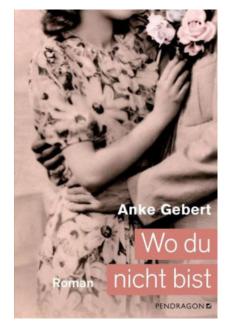
Christoph Höhtker was born in 1967 in Bielefeld, and he studied sociology in college. Since 2004, he has lived in Geneva, where he works for an international organization. To date, he has published the *Frank Stremmer* trilogy, which includes *Die schreckliche Wirklichkeit des Lebens an meiner Seite*, *Alles sehen* (which was nominated for the *Swiss Book Prize*), and *Das Jahr der Frauen* (which was longlisted for the 2017 *German Book Prize*). *Slaughterhouse and Order* is his most recent novel.

Anke Gebert

Where You Are Not

Based on actual events

With an afterword by the author, including a chronology of the true story



280 pages, Pendragon Verlag, 24 € Publication Date: February 2020 Please contact Kathrin Scheel: This Book Travels Agency (except for Italian and Korean rights)

Anke Gebert tells the poignant story of Berliner Irma Weckmüller and her lover, Erich. In the late 1920s, Irma is an employee at the KaDeWe luxury department store. She is the sole wage earner for herself and her sister Martha. Her life is transformed when she meets the charming doctor, Erich Bragenheim. They quickly fall deeply in love and wish to marry. However, because of the cataclysmic rise of the Nazi Party, they are soon placed in great danger, because Erich is Jewish. He is deported to Theresienstadt, where he is murdered.

After the war, Irma is all alone. She wages a determined fight to complete what she and Erich - had wished to do: To have their marriage recognized, even if the place by her side is empty.

Anke Gebert's studies took her to various places, including the German Institute for Literature in Leipzig, and she graduated with a degree in screenplay writing from the Hamburg Media School. For several years, she has worked as an independent author of novels, narrative non-fiction books, and screenplays. She has been honored with numerous prizes for her works.

Novel

Literature

Federica de Cesco

The Legacy of the Bird People

For fans of Avatar

"Federica de Cesco's female characters are independent, passionate and powerful." *Neue Zürcher Zeitung*



360 pages, Europa Verlag, 19.90 € Publication Date: July 2020

The young archaeology student, Lea, has always felt like she was different. Despite the fact she was a likeable child who cast a spell over everyone who crossed her path, she always felt strangely different. On her twentieth birthday, Lea's grandmother finally reveals to her a well-kept family secret. Lea learns that she is descended from an ancient line of shamans, which lived in the Middle East thousands of years ago. Her ancestors worshipped the vulture as the holiest of all creatures, who fought alongside the shamans for the well-being of the people. In search of her roots, Lea travels to Anatolia to visit a mysterious stone temple that had once been maintained by her ancestors.

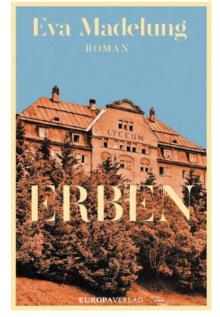
She recognizes the exceptionality of her heritage and her special gifts. When the burial site is suddenly put in great danger, she uses this power and calls to the vultures for help...

Federica de Cesco studied art history and psychology in Lüttich. At the age of fifteen, she wrote her first book, the YA bestseller *Der rote Seidenschal*. Since then, she has published over fifty other children's and YA works, after which *Silbermuschel* became her sensational debut in the adult fiction space. Other successful, stellar novels followed, such as *Der englische Liebhaber* (translation rights also available, Europa Verlag 2018) and *Die neunte Sonne*. The bestselling author now lives with her husband, the Japanese photographer Kazuyuki Kitamura, in Switzerland.

Eva Madelung

Heirs

A touching novel about the curses and blessings tied to wealth



200 pages, Europa Verlag, 18.99 € Publication Date: May 2020

As siblings, Maya and Philipp grew up as the children of the successful stockbroker Hans Müller. After their father's accidental death, they are confronted prematurely with the obligations attached to their inheritance, which they have to meet head-on despite barely being of majority age. While the highly talented yet sensitive Phillip slides into drug abuse despite his outstanding academic accomplishments, young Maya develops a guilt complex about her wealth.

She throws herself completely into the foundation she establishes, and comes to believe that she must sacrifice her own personal happiness. She even rejects the marriage proposal made by her long-time boyfriend Urs. Twenty years later, Urs and Maya's paths cross again. Together they look back over her life and consider what it means to be forced to bear the burden that comes with a large familial inheritance.

Eva Madelung – Robert Bosch's daughter - completed degrees in philosophy and German literature. After her marriage and the birth of her two children, she finished additional training in psychotherapy, after which she was active for decades as a family therapist and in continuing education programs. She is the author and co-author of several books, including *Trotz – Zwischen Kreativität und Selbstzerstörung* and *Heldenkinder – Verräterkinder. Wenn die Eltern im Widerstand waren.* Her biographical novel *Reden, bevor es zu spät ist* was also published by Europa Verlag.

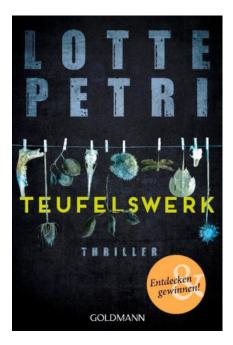
Novel

Thriller

Lotte Petri

The Devil's Work

New crime series from Denmark starring forensic anthropologist Josefine Jespersen



Complete Danish manuscript, English sample and extra material 400 pages, Goldmann Verlag, 10 € Publication Date: January 2020 Rights sold: Czech Republic, Slovakia

Over 1000 skeletons are to be moved from *Assistens Cemetery* in Copenhagen to make way for a new metro station. This causes an outcry, with many people fearing this will disturb the peace of the graves. But this is not enough to stop the metro construction. Forensic anthropologist Josefine Jespersen leads the exhumation work while also studying the bones as part of a research project before they are reburied.

One evening, her colleague, archaeologist Rita Magnussen, is brutally murdered and pushed into an open grave with a cross carved into her skull. Later, another young woman is murdered in the street in central Copenhagen and marked with the same cross. Everything suggests a devil-worshipping murderer is on the loose, which prompts police detective Alexander Damgaard to consult an exorcist. The Catholic priest is convinced that the exhumation work in the cemetery has opened a gateway to hell, and that the devil himself is the culprit.

Danish author **Lotte Petri**'s first novel *The Fifth Plague* was nominated for the *Danske Banks Debutantpris*, a literary award for first-time writers. Her most recent crime novel, *Black Notice*, was named digital series of the year, and when *The Devil's Work* was published by *Lindhardt og Ringhof* in 2017, she was shortlisted as one of the 10 best crime writers in Denmark, featuring alongside names such as Jussi Adler Olsen. Lotte Petri chairs the board of the *Danish Authors' Society* and is a board member for the *Danish Crime Academy*.

Thriller

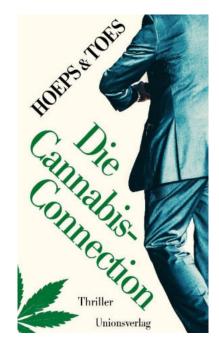
Thomas Hoeps & Jac. Toes

The Cannabis Connection

New thriller by the international writing duo

Nominated for the Dutch Gouden Strop *and the* Diamanten Kogel *awards*

Nominated for Friedrich-Glauser-Prize 2020 (Best Crime Novel)



English & Dutch sample available 260 pages, Unionsverlag, 22 € Publication date: July 2019

Dr. Marcel Kamrath had almost reached the zenith of his career. After a brief year as an undersecretary, he was within striking distance of a ministry post. If he can manage to push through a law to legalize cannabis, he will be the shooting star of the young coalition. But then an old schoolmate shows up and reminds Marcel of the old, wild times...

They were *the* duo in Amsterdam's squatters movement, and they did everything for each other until a drug deal careened out of their control. When the dust settled, all that remained of Sander was a blood-smeared leather jacket and the dead body of their shared girlfriend, Kiki. Decades later, Sander suddenly appears in Marcel's chic office, intent on making it clear that not only the Dutch Weed Mafia, but also politicians in the upper echelons are seriously interested in seeing his law fail. Kamrath is the key figure who could derail the initiative. During a secret meeting in a park, they are attacked by a junkie who Sander murders in cold blood. Kamrath realizes that his old friend is not averse to murder and fears the worst when his girlfriend vanishes without a trace...

While this is happening, the draft bill is passed. Kamrath knows that he has finally reached the top when his cell phone goes off, and it is the Chancellor on the other end.

Thomas Hoeps and **Jac. Toes** have worked together as an international bilingual co-author team for over a decade. Hoeps writes in German, Toes in Dutch. Between 2007 and 2012, they published three crime novels. *The Cannabis Connection* is their first thriller.

Thriller

Claudia Bouvier

Code Name Corvus –

The Archangel's Gambit

Even harder, even faster: Book 2 in the NATO thriller series Code Name Corvus

For readers of Tom Clancy



560 pages, Europa Verlag, 18 € Publication Date: February 2020

After their adventurous escape from an unidentified terrorist group in the Afghan province of Zabul, the German army doctor Carla Rossi and the French intelligence officer Gwénaël Kérmovan are back in Europe. It is clear to both of them that the people they were dealing with in Afghanistan weren't a handful of simple Taliban devotees or naive al-Qaeda warriors. Instead, they suspect they were up against a top-secret operation under Western leadership.

While searching for answers, Rossi and Kérmovan are recruited by the German-French special unit, Corvus, which has been tasked with the mission of tracking down the mastermind behind the mysterious proceedings in Afghanistan. The two colleagues quickly stumble across a trail that leads them to the highest echelons of the American government, and they soon find themselves in a deadly maze of secret CIA operations and terrorist financing.



Claudia Bouvier is the pseudonym of a German attorney. She has worked for international corporations and organizations around the world, including Paris, Moscow, Kabul, and Brussels, and is a colonel in the French armed forces. She has published military history books, nonfiction studies, and political analyses. The Archangel's Gambit is the second volume in her electrifying thriller series about a NATO conspiracy.

Code Name Corvus – The Iskander Conspiracy (1st volume) 650 pages, Europa Verlag, 16 € Publication Date: August 2019

Non-Fiction

Paul Nemitz and Matthias Pfeffer

Concept: Human

Power, Freedom and Democracy
in an Era of Artificial Intelligence



400 pages, Dietz Verlag, 26 € Publication Date: March 2020

Human or algorithm - who is calling the shots for our future in this age of Artificial Intelligence? The power that digital corporations in Silicon Valley exert is astronomical, and this poses a serious threat to democracy and independence as we know them. Paul Nemitz and Matthias Pfeffer present an impressive analysis of how current attempts to implement an ethical regulation of Artificial Intelligence are too short-sighted and limited.

The authors provide a detailed examination of this topic, concentrating specifically on the role being played by the public sphere and the threats posed against journalism in the digital age. They call for a strict regulation of Artificial Intelligence and a reconceptualization of the principles that define humanity, which must be defended against the principles of the machine.

Paul Nemitz, born in 1962, now lives in Brussels. He is a principal advisor to the EU Commission's Directorate-General for Justice and Consumers. As the EU Commission's Director for Fundamental Rights, he was responsible for the introduction of the EU basic data protection regulations, the NSA Snowden inquiry, and the negotiation of the EU-US Privacy Shield.

Matthias Pfeffer, born in 1961, divides his time between Munich and Berlin. He works as an independent TV journalist and producer. Over the years, he held various other positions, including as the executive editor of *Focus TV*.

Non-Fiction

Winfried Veit

The Core of Europe – A Strategy for the EU of Tomorrow



160 pages, Dietz Verlag, 16 € Publication Date: May 2020

In this book, Veit explains succinctly and informatively how the internal stalemate within the EU has to be overcome in order for the union to become more democratic and effective in its decision-making processes. Europe needs a new core composed of a limited number of nations that are willing to make decisions. This core should be composed of countries like Germany, France and Poland. Similar to a locomotive, this core could carry the rest of the nations forward. This model would allow for a close alliance between this core and the countries of Great Britain and Turkey, which would not entail any extensive sacrifice of sovereign independence. This framework is critical in a world that seems to be heading off the rails.

The West and its allies are already seeing an erosion in their status. New geopolitical players like China, Russia and India are making inroads onto the world stage. By contrast, today's Europe is paralyzed by internal crises and diverging interests.

Dr. Winfried Veit, born in 1946, is a political scientist and publicist. Since 2007, he has also worked as a lecturer at the University of Freiburg. From 1976 to 2011, Veit was on the staff at the Friedrich Ebert Foundation. He was also the managing editor for the periodical *Internationale Politik und Gesellschaft*, and the head of the foundation's division on Eastern Europe and Central Asia.

Non-Fiction

Nils Heisterhagen

Responsibility

- A New Collective Political Spirit

for Times of Change

The end of the "I philosophy"

A gripping plea for a new "we consciousness"



176 pages, Dietz Verlag, 18 € Publication Date: March 2020

The young liberal pioneer Nils Heisterhagen has analyzed the situation: What is missing from today's world is a holistic spirit. After all, only majorities can create actual change, which is impossible without a decisive commitment to philosophically republican policies that integrate as many people as possible into a collective political endeavor that will reconnect them at the same time. We require a republican concept of the We that will stand in opposition to the specter of the (neo-)liberal I philosophy.

The political Left needs to bring the material needs of the people back to the center of their policy framework. And the Left must also remind people of their obligations as citizens. They owe each other something, and this entails more than simply following the letter of the law. Every person bears a burden of responsibility: for themselves, others, and the common good.

Nils Heisterhagen, Ph.D., was born in 1988. He lives in Mainz, where he works as a publicist and author. He holds degrees in political science and economics from the universities of Göttingen and Hannover. In numerous articles and two books, he declared his alignment with the SPD party. Previously, he was a consultant for the SPD state parliamentary group in Rheinland-Pfalz, in addition to being a speech writer and consultant for the last two IG-Metall chairmen.

Christian Hardinghaus

The Cursed Generation

- Conversations with the Last Soldiers from World War II

SPIEGEL bestselling title

13 eyewitnesses of the most important battles of World War II ask to be heard



320 pages, Europa Verlag, 20 € Publication Date: February 2020 Please contact Kathrin Scheel: This Book Travels Agency (except for Italian and Korean rights)

All previous attempts to present a nuanced examination of the darkest period of our history have failed. The legend of an upstanding Wehrmacht has deteriorated to the legend of a criminal Wehrmacht. And yet historical accounts have never provided evidence that more than a handful of Wehrmacht soldiers were involved in that war's criminal acts and in the Holocaust itself. If we can manage to accept this, then we will be able expand our perspective on the past and learn to understand ourselves even better.

How can we continue to make sweeping generalizations every time we read something about the suffering German soldiers experienced during the "Bloody Sunday" in Bydgoszcz, in the Rheinwiesenlager camps, and the slaughter that occurred on D-Day? Thirteen eyewitnesses open up and provide frank accounts of their experiences.

Christian Hardinghaus completed his Ph.D. in propaganda and Anti-Semitism studies at the University of Osnabrück after finishing his master's degree in history, literature, and media studies. The journalist, author and historian has published through Europa Verlag various non-fiction books and novels focused on the World War II period. In 2019, he released his novel *Lily, the Spy of the Charité Hospital in Berlin*, in addition to an accompanying non-fiction study, *Ferdinand Sauerbruch and the Charité*.

Hans-Joachim Lang

Hans-Joachim Lang is a journalist from Tübingen and has been awarded with several prices for his work, one of them the highly renowned CMATH "Champions Award". In 2019, he was decorated with the *Order of Merit of the Federal Republic of Germany (Bundesverdienstkreuz am Bande)* for his work on the history of the victims of National Socialism and the Holocaust.

The Names of the Numbers

How can we keep the memories of those who lost their lives in Nazi crimes? In giving them back their identity, like 86 Jewish victims, who are followed until their last station.

In Austria, Jewish cemeteries were plundered for racial-political expansion of anatomical collections. A change in paradigm followed: intentional murder for the benefit of NS-oriented science. The Reichsuniversität Strasbourg selected 86 Jewish prisoners in Auschwitz in June 1943 and deported them to the concentration camp at Struthof near Natzweiler, where they were murdered. The bodies were delivered to the anatomy department in Strasbourg for preparation and used as anatomical specimens.

303 pp. | Hoffmann und Campe Verlag | 2004 | English extra material | Rights sold: France

The Women of Block 10. Medical Research in Auschwitz

A moral portrait of Block 10 in Auschwitz where Nazi doctors used Jewish women as subjects for cruel and barbaric experiments.

A number of publications have carried out what has happened in Block 10. But Lang

adds another dimension by following some of the young women, all Jewish, from their arrival at the ramp where they were chosen to become the subjects of sterilization experiments. Lang also paints a moral portrait of the nurses and prisoner-doctors in Block 10, using survivors' testimonies.

320 pp. | Hoffmann und Campe Verlag | 2011 | Rights sold: Czech Republic, Greece, Poland



Jeanne Diesteldorf

Not a Mother

- Abortion - Women Open Up

The taboo topic of abortion - between traumatization and liberation

Honest testimonials from thirteen women who have had abortions



250 pages, Europa Verlag, 18 € Publication Date: May 2020

In 2018, over 100,000 women in Germany had abortions. The estimated number of unreported cases is significantly higher than even that. According to estimates, one out of four women decide at some point in their lives to end a pregnancy. Extremely expensive studies into the psychological effects of this experience, as well as the heated debates about the legal regulations, reflect the fact that abortion is still a hugely controversial subject. With this book, the author would like to overcome the taboo status and speechlessness that currently color discussions of abortion. In this context, she provides thirteen women, who have chosen to have abortions, space to tell their stories. How they became pregnant. How they considered abortion as an option, where they learned about it, and how they experienced the procedure. How they felt - before, during and afterwards. And how their decision impacted their relationships with themselves and their partners, as well as with friends and family.

These are stories of pain and desperation - but also of liberation and the discovery of personal womanhood. After all, emotional pain and traumatization are not the inevitable outcomes from having an abortion. An extraordinary biographical profile collection that strives to achieve an open and respectful approach to dealing with this topic.

Jeanne Diesteldorf is an economist and independent author. She has had an abortion, and has long advocated for an open and respectful discussion of this topic. She lives and works in Frankfurt.

Non-Fiction

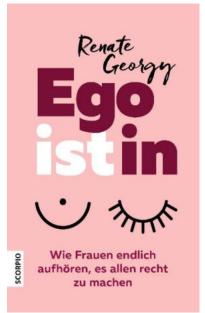
Renate Georgy

EGOistIN

Plea for healthy selfishness: It is never too late to think of yourself

Humorous and to the point: Thinking about me is good for me and others

Top theme - Female Empowerment



144 pages, Scorpio Verlag, 15 € Publication Date: February 2020

Many women still find it difficult to consistently stand up for themselves. Feminism has opened several doors, but women often vehemently refuse to be selfish, to put themselves first. The tough businesswoman on the outside, who apparently effortlessly stands her 'man', is often despondent on the inside and has trouble protecting her needs.

Renate Georgy clears up misunderstandings about selfishness and encourages women to discover their own needs and to live them even when others don't like it. It does not matter whether these 'others' are men, women or children. There are many obstacles to overcome, both internal and external, so that the goal of a self-determined, happy life becomes self-evident for all women. Without healthy egoism this dream will remain unattainable.

Renate Georgy was a lawyer and specialist for family law for 25 years in her own practice in Hamburg. At the same time, she worked as a volunteer in a Hamburg women's counselling centre. She taught women's rights at the University of Hamburg for ten years. Today, she lives in Berlin with her husband and works as an author, seminar leader and coach.

Practical Guide

Emanuel Erk

Butterflies in Your Stomach

Are a Waste of Time

- How Love Works

Relationship guide for the Tinder generation

Young author with a large online fan base

Good relationships are not a question of age



WIE LIEBE GELINGT

240 pages, Scorpio Verlag, 14 € Publication Date: May 2020

Today's youth: On the one hand they have romantic Hollywood clichés in their heads and on the other hand they use apps like Tinder, which present encounters and love like another commodity of our consumer society. It is becoming increasingly difficult for young people to form their own idea of what love actually is and what it means. In addition, the question arises as to how a lasting, loving relationship works. What does it take to stay together between the poles that are autonomy and connectedness? According to Emanuel Erk: You have to understand yourself in order to understand your partner.

This book shows how this can be achieved and how the pitfalls of the media world with all its images and temptations can be avoided. Humorous and orientated to the reality of his generation, the author accompanies his readers through the labyrinth of love.

Emanuel Erk is a relationship coach and certified life coach. His own, often painful experiences brought him to the question: How are happy relationships possible? He shares his insights with his thousands of subscribers via his YouTube channel and podcasts. He lives and works in Berlin.

Practical Guide

Verena Kantrowitsch

I Can Fly!

Fear of Flying: Where It Comes From, What It Represents, and How We Can Overcome It

"Much more than a psychological guidebook: Verena Kantrowitsch explains how aeroplanes stay up in the air, where anxieties such as the fear of flying come from in the first place, and how we can free ourselves from them once and for all. Read this book when you're up in the clouds, and your fear will pass as you fly." *Frank Schätzing*



English sample available 336 pages, mare Verlag, 18 € Publication Date: February 2020

People who are afraid of flying prefer to fall back on other means of transport – or they avoid travelling at all. But what if you have no other choice? And then find yourself dying a thousand deaths because, with the best will in the world, you just can't work out how these ten-tonne things stay up in the air? Or because you're afraid of bird strikes – or otherwise storms, terrorists or female pilots? Or the ocean, stretching out endlessly and terrifyingly beneath you?

With expertise, wit and empathy, the certified psychologist Verena Kantrowitsch provides readers with the psychological and scientific knowledge they need to overcome their fear of flying; above all, she shows us where human fears come from and why we cannot get the better of them with talismans, hurried prayers, or even the most sophisticated avoidance strategies.

Verena Kantrowitsch, born in 1979 in Münster, studied psychology at the University of Osnabrück. She is a certified psychologist in the public sector. She also works in counselling, coaching and communications training, and is a lecturer in healthcare. *I Can Fly!* is her first book.

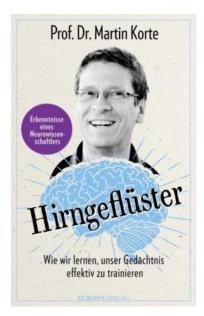
Health

Martin Korte

Brain Whispering

How we can learn to effectively train our memory

- New findings from the realm of memory research, entertaining and suitable for daily use
- Concrete tips and exercises for improving individual cognitive performance
- For the readers of Lassen Sie Ihr Hirn nicht unaufbesichtigt



180 pages, Europa Verlag, 16 € Publication Date: September 2019 Rights sold: Korea

"Korte's descriptions of his new research conclusions are interesting and challenging. [...] If we can't remember this, what can we?" - *Mannheimer Morgen*

The Baby Boomers are advancing in age, and their worries about their memory performance are increasing. However, even the younger generations are attempting to keep their cognitive performance up to par, since in the international marketplace, every learning and knowledge advantage translates into individual - and by extension, economic - gain. But how do we keep our minds fit? In *Brain Whispering*, neurologist Martin Korte explains why we don't feel the benefits from all the kinds of mental acrobatics that are out there.

Sudoku, memorising rows of numbers, the famous knots in our handkerchiefs - there are numerous methods out there to help our memories stay nimble. However, many of the common techniques only train specific abilities, which might make some tasks easier for us but which have no effect on other cognitive processes. The only real success comes from understanding how our memories function and which factors influence our memory performance. Based on scientific studies but with practical applications, Martin Korte explains which memory techniques can help us in specific areas of life. He also clarifies why students should train their minds differently than retirees, and how external factors, such as nutrition, sports, sleep, and social interactions, impact our mental performance.

Martin Korte (born in 1964) is Professor of Neurobiology at the Technical University of Braunschweig. His research specialties are the cellular foundations of learning and memory, and the process of forgetting. Martin Korte is one of Germany's leading neurologists, and he is widely known for his numerous television appearances. Besides his scientific work, he regularly gives lectures and is the author of the books *Jung im Kopf, Wir sind Gedächtnis*, and *Wie Kinder heute lernen*.

Gustav Dobos

The Stressed Heart

What We Can Do To Protect Our Most Sensitive Organ

The new handbook by the pioneer of scientifically based natural medicine on the topic of heart disease - an ongoing, severe condition

SPIEGEL bestselling title



English sample available 192 pages, Scorpio Verlag, 18 € Publication Date: May 2019 – 5th print run Rights sold: the Netherlands

The heart is not only especially sensitive in its reactions to emotions, stress and exertion, it is also the metronome that sets the tempo for our lives. It will beat up to three billion times during a lifetime - sometimes quickly, sometimes slowly, sometimes irregularly and then back to its regular, persistent beat. What can we do to maintain and strengthen this motor?

Cardiologists specialize in saving lives in emergency situations and treating illnesses with the help of high-tech instruments. But what happens before the heart attack? Ninety percent of all heart attacks are caused by lifestyle factors. This means they can be prevented - by us directly. Effective methods exist to reduce stress and its detrimental impact on the heart. These natural medicine methods can be easily integrated into your daily life, so that heart problems won't even become an issue for you.



Professor Gustav Dobos teaches natural healing and integrative medicine at the University of Duisburg-Essen, and heads up a specialist clinic at the *Kliniken Essen-Mitte*. In 2018, his successful first book *Finally Pain Free and Able to Live a Good Life Again* was published by Scorpio Verlag.

Finally Pain Free and Able to Live a Good Life Again 320 pages, Scorpio Verlag, 20 € Publication date: August 2018

Health

Health

Vera Regitz-Zagrosek and Stefanie Schmid-Altringer

Gender Medicine:

Why Women Need Different Medicine

Surprising research results from the pioneer of gender medicine

Practical knowledge on prevention, diagnostics and therapy

The trend topic in medical research and practice



280 pages, Scorpio Verlag, 20 € Publication Date: February 2020

Female bodies are different from male bodies. No wonder they develop different diseases than men. For the same disease, the risk factors, symptoms and responses to medication are far from identical. The renowned female authors explain clearly why we need gender-sensitive medicine. This new discipline of gender medicine is already questioning the previous approach and thinking of conventional medicine.

In order for prevention to work and for diagnostics and therapy to actually make people healthy, biological differences as well as life phases and realities of both sexes must be considered and included.

Professor Vera Regitz-Zagrosek is considered a pioneer of gender-sensitive medicine in Germany. She has been director of the Institute for Gender Studies in Medicine at the Charité Hospital in Berlin since 2007.

Doctor Stefanie Schmid-Altringer has worked as a freelance science journalist, expert and author since 1999. With a focus on women's health, she has produced numerous TV documentaries and books. She has been developing participatory health formats on pregnancy and birth since 2011.

Self-Help

Andrea Löhndorf

KINTSUGI

The Art of Transforming Hard Times into Gold

The major new trend from Japan

The art of living grounded in an old tradition and modern psychology

With daily exercises and suggestions



English sample available 160 pages, Scorpio Verlag, 16 € Publication Date: April 2020

What would it be like if we no longer had to hide the scars that life has given us? When our vulnerability was no longer represented as a weakness, but rather as an opportunity for growth and a sign of our inner strength?

Kintsugi is the old Japanese art of repairing what has been broken. Masters of this craft are capable of using gold powder to create artworks from shards - creations that are more valuable than the original objects. Kintsugi has long evolved into one of the strongest and most successful areas of life learning that Japan has to offer.

This book describes how the philosophy of Kintsugi can also change our lives in astonishing ways. It teaches us the secret of inner strength, which can carry us through hard times and enable us to build new lives after defeats, ones that are more valuable than those we had before.

Andrea Löhndorf studied German, English and Italian literature in college, and for the past twenty years, she has worked as an editor and program manager for various German trade publishers. She has marshalled numerous authors and book projects through their completion in her focal areas of psychology, counseling and eastern teaching philosophies.

Self-Help

Jana Iger

Self-Healing in Harmony with Nature

Russian Wisdom for Body and Soul

Follow on to the author's successful first book with additional Russian healing methods



200 pages, Scorpio Verlag, 20 € Publication Date: May 2020

Jana Iger is convinced: We have to take responsibility for the health of our body and soul and be our own healer in case of illness. In her new book, the Russian author shows how, with the help of holistic Russian healing methods, we can listen to our intuition and use the creative power of our thoughts. Especially through Wed-Russian 5-D massage of the internal organs we can gradually let go of harmful behaviour patterns, release congestions in our organism, restore the natural energy flow in the body and experience self-healing.



Jana Iger was born in the Ukraine and has been living in Germany since 1999. She has dedicated herself to the task of imparting the Russian knowledge of her ancestors. In her seminars and lectures, she teaches self-healing methods that help to restore wholeness and harmony in all body systems and to grow spiritually. In 2018, her book *Mein russisches Geheimrezept für natürliches Entgiften* was published, which is already in its 2nd edition with Trinity Verlag.

My Secret Russian Recipe for Natural Detox 232 pages, Trinity Verlag, 18 € Publication Date: 2018 – 2nd print run



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New Title March 2020:



English sample available 128 pages, Scorpio Verlag, 8 €

Stefanie Carla Schäfer

Anger – The Gateway to Your Power

Hardly any feeling has such a negative reputation as anger. That is why we already learned to suppress the anger within us as children - with the result that this smoulders in secret, often blocking body and soul and preventing us from being free and alive. Indeed, anger is an important emotion with great healing and power potential. Those who succeed in making their anger their friend are able to access more vitality, well-being and selfdetermination.

> Stefanie Carla Schäfer is a Somatic-Experiencing Practitioner. It is her heart's desire to support people on the journey to finding their vitality, inner strength and connectedness. Workshops, Blog and more: www.cardea-training.de.

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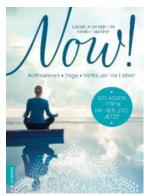
Now! In Accordance with the Law of Attraction



Suppose life is a game. As soon as we have understood its rules, we can begin to play it joyfully and consciously. One of the most important rules of the game in our universe is the law of attraction or resonance: what you carry inside you will also be met on the outside, similar vibrations attract each other. Consciously applied, this law holds huge potential for successful life design, which has to be discovered and implemented. This book wants to support us in bringing clarity into our lives and finding out what we really want. Because diffuse or even contradictory wishes cannot come true.

160 pages, Scorpio Verlag, 17.99 € Publication Date: 2019 **Stefanie Carla Schäfer** is a sports scientist and works in Cologne as a therapist and body worker. Her core work includes holistic, emotional and physical wellness.

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- 96 pages, full colour with illustrations and photos
- Total circulation of more than 70,000 copies
- Rights sold: France, the Netherlands

Latest Title:

Stefanie Carla Schäfer



Self-love Makes You Strong Making friends with yourself

Self-acceptance mobilizes inner strength and can heal old wounds. Through numerous practical tips and exercises, the author demonstrates how to recognize personal strength and come to terms with the weaknesses. Those who love themselves have more to offer!

96 pages, Scorpio Verlag, 12.99 € Publication Date: 2019 3rd print run – 16,000 copies sold **Stefanie Carla Schäfer** is a sports scientist and works in Cologne as a therapist and body worker. Her core work includes holistic, emotional and physical wellness.

Bestselling titles of the series:



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Nature

Christopher Schmidt

My Nature Calendar

Illustrations of nature by Christopher Schmidt

'The most beautiful observations of nature are often less spectacular but touching.'

For Fans of Marjolein Bastin



144 pages, pala Verlag, 19.90 € Format: 16 cm x 23 cm Publication Date: June 2020

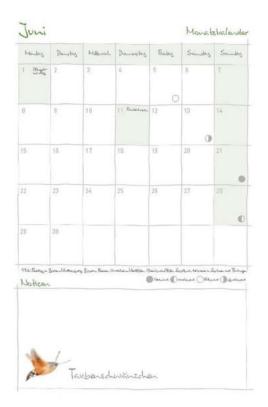
Those interested in realistic illustrations of indigenous birds, plants and personal images of nature have made the right choice with Christopher Schmidt's new weekly calendar. It has a handy spiral binder and offers enough space for appointments and notes. One's own encounters with nature in the garden, on walks or travels can be recorded here, as can valuable moments throughout the year. The known and the unknown, the striking and the overlooked, the quiet and the vivid accompany the nature-loving observer through the seasons.

The calendar awakens the joy at discovering the beautiful and the particular and recognising the connections and significance of diversity.

Christopher Schmidt has been drawing everything he encounters in nature on an almost daily basis since his earliest childhood. Books illustrated by Christopher Schmidt published with pala so far: '*Schräge Vögel', 'Mehr Platz für den Spatz!*' and '*Das große Buch der Gartenvögel'*. He has received international awards for his work.

Also available as monthly calendar - 14 pages, pala Verlag, 14.90 € Format: 33 cm x 48 cm Publication Date: June 2020

Nature









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Peter Wohlleben

International non-fiction bestselling author since 2015 His book The Hidden Life of Trees is translated into more than 40 languages New at the Cinema in 2020: Documentary The Hidden Life of Trees (Constantin Film)

Crane Flight and Floral Clock

Expeditions into nature begin right outside our front door. Thousands of small and large processes occur that are fascinating and revealing – if you are able to notice them. In his book, Peter Wohlleben invites the reader to train their senses in order to observe the signals sent out by the winds, clouds, plants and animals.

160 pp. | Pala Verlag | 2012 | English sample | Rights sold: France, Italy, Poland, Taiwan, UK





Understanding Trees

Peter Wohlleben invites the reader to participate in a very special language course. He demonstrates impressively: Trees only seemingly stand still and silent in our gardens. Beech, apple and co. not only communicate with one another, but also with us – if we learn their language.

200 pp. | Pala Verlag | 2011 | English sample | Rights sold: Czech Republic, France, Italy, Korea, Poland, Taiwan



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